

Licensed to Wayzata Track Club                      Hy-Tek's Meet Manager 9/11/2006 12:20 AM  
 Region 5AA Track and Field Championships  
 Robbinsdale Cooper High School - 5/31/2006 to 6/2/2006  
 Results

## Boys 100 Meter Dash Class AA

8 Advance: Top 1 Each Heat plus Next 2 Best Times

Meet Record: R 10.78    2003                      Antwon Simmons, Mpls North  
 11.11    QUAL

Name	Year School	Prelims	H#
Preliminaries			
1 Tyler Bucholz	12 Cooper	11.13Q	1
2 Wulu Zelee	11 Fridley	11.42Q	5
3 Garty Taye	11 Fridley	11.46Q	6
4 Calvin Cruz	10 Armstrong	11.55Q	3
5 Delane Woods	12 Washburn	11.56Q	2
6 Marcus Simms	10 Park Center	11.78Q	4
7 Kendrick Lewis	11 Champlin Park	11.45q	1
8 Kama Johnson	12 Champlin Park	11.54q	5
9 Jerrell Tate	12 Roosevelt	11.55	6
10 Cris Crumpton	12 Park Center	11.56	3
11 Isiah Reed	10 Patrick Henry	11.59	1
12 Tyrone Colston	12 Patrick Henry	11.65	1
13 C.J. Pierre	11 Cooper	11.78	6
14 Tommy Purnell	11 Benilde-St.	11.80	4
15 Chris Searcy	10 Mpls North	11.94	2
16 Yuri Maksimovich	12 Edison	11.96	3
17 Patrick Anderson	12 Roosevelt	11.98	6
18 Albert Yarmeto	11 Armstrong	12.01	1
19 Alex Mueller	10 Cooper	12.05	5
20 Jhemayne Bundy	11 Park Center	12.08	3
21 Adam Holt	11 Champlin Park	12.09	2
21 Jerret Williams	9 Benilde-St.	12.09	5
23 Michael Beaudoin	10 Maple Grove	12.14	4
24 Rickey Smith	10 Maple Grove	12.16	4
24 Ricky Didaruvong	11 Osseo	12.16	5
26 Shawn Wade	11 Armstrong	12.18	2
27 Omahr Munger	11 Washburn	12.19	6
27 Ben Nelson	10 Maple Grove	12.19	2
29 Nate Notermann	10 Mpls South	12.31	4
30 Deshay Kruger	11 Osseo	12.33	2
31 Nick Rosario	11 Washburn	12.38	5
32 Kendrick Hall	10 Roosevelt	12.48	1
33 Ryan Shaver	10 Benilde-St.	12.50	3
34 Ryan Bogart	11 Rogers	12.64	3
35 Alex Longren	11 Rogers	12.75	5
36 Dan Brandt	11 Mpls South	13.08	1
37 Josh Handaland	10 Mpls South	13.26	2

## Boys 100 Meter Dash Class AA

Meet Record: R 10.78    2003                      Antwon Simmons, Mpls North  
 11.11    QUAL

Name	Year School	Finals	Points
Finals			
1 Tyler Bucholz	12 Cooper	10.88 QUAL	10
2 Delane Woods	12 Washburn	11.02 QUAL	8
3 Calvin Cruz	10 Armstrong	11.26	6
4 Wulu Zelee	11 Fridley	11.33	5
5 Garty Taye	11 Fridley	11.36	4
6 Kama Johnson	12 Champlin Park	11.38	3

7 Kendrick Lewis	11 Champlin Park	11.55	2
8 Marcus Simms	10 Park Center	11.58	1
Preliminaries			
9 Jerrell Tate	12 Roosevelt		
10 Cris Crumpton	12 Park Center		
11 Isiah Reed	10 Patrick Henry		
12 Tyrone Colston	12 Patrick Henry		
13 C.J. Pierre	11 Cooper		
14 Tommy Purnell	11 Benilde-St.		
15 Chris Searcy	10 Mpls North		
16 Yuri Maksimovich	12 Edison		
17 Patrick Anderson	12 Roosevelt		
18 Albert Yarmeto	11 Armstrong		
19 Alex Mueller	10 Cooper		
20 Jhemayne Bundy	11 Park Center		
21 Jerret Williams	9 Benilde-St.		
21 Adam Holt	11 Champlin Park		
23 Michael Beaudoin	10 Maple Grove		
24 Ricky Didaruvong	11 Osseo		
24 Rickey Smith	10 Maple Grove		
26 Shawn Wade	11 Armstrong		
27 Omahr Munger	11 Washburn		
27 Ben Nelson	10 Maple Grove		
29 Nate Notermann	10 Mpls South		
30 Deshay Kruger	11 Osseo		
31 Nick Rosario	11 Washburn		
32 Kendrick Hall	10 Roosevelt		
33 Ryan Shaver	10 Benilde-St.		
34 Ryan Bogart	11 Rogers		
35 Alex Longren	11 Rogers		
36 Dan Brandt	11 Mpls South		
37 Josh Handaland	10 Mpls South		

## Boys 200 Meter Dash Class AA

=====  
 8 Advance: Top 1 Each Heat plus Next 2 Best Times

Meet Record: R 21.62 2003 Antwon Simmons, Mpls North  
 22.35 QUAL

Name	Year School	Prelims	H#
1 Martell Harris	12 Roosevelt	22.49Q	1
2 Cris Crumpton	12 Park Center	22.78Q	3
3 Jeremy Beulah	12 Washburn	22.86Q	4
4 Jonathan Roberts	9 Cooper	23.09Q	5
5 Hamada Omar	12 Washburn	23.18Q	2
6 Chris Searcy	10 Mpls North	23.75Q	6
7 Isiah Reed	10 Patrick Henry	23.61q	2
7 Tyrone Colston	12 Patrick Henry	23.61q	4
9 Reshawn Jones	11 Osseo	23.67	2
10 Ben Sheely	11 Armstrong	23.72	3
11 Rickey Smith	10 Maple Grove	23.76	4
12 Anthony Satchell	11 Park Center	23.85	1
13 Ben Nelson	10 Maple Grove	23.94	1
14 C.J. Pierre	11 Cooper	24.14	5
15 Leandro Dower	9 Mpls North	24.20	3
16 Mawutor Adamaley	12 Osseo	24.25	3
17 Adam Holt	11 Champlin Park	24.30	5
18 Jesse Okoi	10 Fridley	24.36	6
19 Yuri Maksimovich	12 Edison	24.38	4
20 Joe Gray	10 Maple Grove	24.69	6
21 Chris Langley	11 Champlin Park	24.71	4
22 Albert Yarmeto	11 Armstrong	24.75	2
23 Deshay Kruger	11 Osseo	24.82	3
24 Brown Davis	10 Champlin Park	24.95	5
25 David Fullenwiller	11 Park Center	25.17	2

26	Brandon Mitchell	12	Patrick Henry	25.25	5
27	Alex Longren	11	Rogers	25.26	6
28	Kendrick Hall	10	Roosevelt	25.45	2
29	Alex Nelson	9	Mpls South	25.67	1
30	Josh Handaland	10	Mpls South	26.10	3
31	Zach Ries	9	Rogers	26.26	5
32	Jay Diaferio	12	Benilde-St.	26.39	1
33	Bruce Schulzetenberg	11	Rogers	26.43	3
34	Ryan Lenon	10	Edison	26.46	2
35	Jullian Walker	7	Mpls South	28.46	4
--	Mike Stanko	12	Cooper	DQ.00	6

## Boys 200 Meter Dash Class AA

=====  
 Meet Record: R 21.62 2003 Antwon Simmons, Mpls North  
 22.35 QUAL

Name	Year	School	Finals	Points
=====				
Finals				
1	Martell Harris	12	Roosevelt	22.15 QUAL 10
2	Jeremy Beulah	12	Washburn	22.50 8
3	Cris Crumpton	12	Park Center	22.51 6
4	Jonathan Roberts	9	Cooper	22.76 5
5	Hamada Omar	12	Washburn	22.84 4
6	Chris Searcy	10	Mpls North	23.66 3
7	Isiah Reed	10	Patrick Henry	23.72 2
8	Tyrone Colston	12	Patrick Henry	23.76 1

## Preliminaries

9	Reshawn Jones	11	Osseo
10	Ben Sheely	11	Armstrong
11	Rickey Smith	10	Maple Grove
12	Anthony Satchell	11	Park Center
13	Ben Nelson	10	Maple Grove
14	C.J. Pierre	11	Cooper
15	Leandro Dower	9	Mpls North
16	Mawutor Adamaley	12	Osseo
17	Adam Holt	11	Champlin Park
18	Jesse Okoi	10	Fridley
19	Yuri Maksimovich	12	Edison
20	Joe Gray	10	Maple Grove
21	Chris Langley	11	Champlin Park
22	Albert Yarmeto	11	Armstrong
23	Deshay Kruger	11	Osseo
24	Brown Davis	10	Champlin Park
25	David Fullenwiller	11	Park Center
26	Brandon Mitchell	12	Patrick Henry
27	Alex Longren	11	Rogers
28	Kendrick Hall	10	Roosevelt
29	Alex Nelson	9	Mpls South
30	Josh Handaland	10	Mpls South
31	Zach Ries	9	Rogers
32	Jay Diaferio	12	Benilde-St.
33	Bruce Schulzetenbe	11	Rogers
34	Ryan Lenon	10	Edison
35	Jullian Walker	7	Mpls South
--	Mike Stanko	12	Cooper

## Boys 400 Meter Dash Class AA

=====  
 8 Advance: Top 1 Each Heat plus Next 3 Best Times  
 Meet Record: R 48.50 1984 Richard Harkwell, Totino-Grace  
 49.67 QUAL

Name	Year	School	Prelims	H#
=====				
1	Leon Cheneyon	10	Cooper	50.83Q 1

2	Rashad McDonald	11 Cooper	51.51Q	3
3	Gabe Strenk	12 Osseo	52.39Q	4
4	Tommy Purnell	11 Benilde-St.	52.88Q	5
5	Aaron Ling	12 Champlin Park	53.34Q	2
6	Calvin Cruz	10 Armstrong	52.61q	4
7	Derrion Hill	9 Champlin Park	53.16q	1
8	Joe Magana	12 Fridley	53.60q	1
9	Steven Ralles	12 Maple Grove	53.83	5
10	Sean Thurston	12 Patrick Henry	54.02	3
11	Nick Onwukwe	10 Cooper	54.29	3
12	Andy Grengs	11 Osseo	54.44	2
13	Evan Kearney	10 Mpls South	54.65	4
14	John Rubin	12 Maple Grove	54.89	3
15	Abdul Suleyman	12 Washburn	55.01	4
16	Max McQuirter	11 Mpls South	55.23	5
17	Lance Schuvieller	10 Park Center	55.57	2
18	John Lawless	9 Mpls South	55.80	1
19	Brandon White-Blackmon	12 Patrick Henry	55.82	1
20	Evan Vik	10 Osseo	56.01	5
21	Andrey Ablamunets	9 Maple Grove	56.03	3
22	Alex Bursh	12 Armstrong	56.16	2
23	Preston Smith	12 Armstrong	56.81	5
24	Ryan Reichert	9 Rogers	56.91	2
25	Flan Manley	11 Park Center	57.89	2
26	Jasper Kange	10 Washburn	58.72	3
27	Brandon Mitchell	12 Patrick Henry	59.63	1
28	Johnny Watkins	9 Washburn	61.21	4
29	Nick Peterson	10 Rogers	62.93	4
30	Demarko Cook	10 Roosevelt	65.83	5
--	John Bratcher	12 Roosevelt	DQ.00	4
--	Chris Langley	11 Champlin Park	DQ.00	5

## Boys 400 Meter Dash Class AA

=====  
 Meet Record: R 48.50 1984 Richard Harkwell, Totino-Grace  
 49.67 QUAL

Name	Year	School	Finals	Points
=====				
Finals				
1	Leon Cheneyon	10 Cooper	50.13	10
2	Rashad McDonald	11 Cooper	50.94	8
3	Gabe Strenk	12 Osseo	50.97	6
4	Tommy Purnell	11 Benilde-St.	51.29	5
5	Calvin Cruz	10 Armstrong	51.36	4
6	Aaron Ling	12 Champlin Park	51.62	3
7	Joe Magana	12 Fridley	53.42	2
8	Derrion Hill	9 Champlin Park	53.80	1
Preliminaries				
9	Steven Ralles	12 Maple Grove		
10	Sean Thurston	12 Patrick Henry		
11	Nick Onwukwe	10 Cooper		
12	Andy Grengs	11 Osseo		
13	Evan Kearney	10 Mpls South		
14	John Rubin	12 Maple Grove		
15	Abdul Suleyman	12 Washburn		
16	Max McQuirter	11 Mpls South		
17	Lance Schuvieller	10 Park Center		
18	John Lawless	9 Mpls South		
19	Brandon White-Blac	12 Patrick Henry		
20	Evan Vik	10 Osseo		
21	Andrey Ablamunets	9 Maple Grove		
22	Alex Bursh	12 Armstrong		
23	Preston Smith	12 Armstrong		
24	Ryan Reichert	9 Rogers		
25	Flan Manley	11 Park Center		

26 Jasper Kange	10 Washburn
27 Brandon Mitchell	12 Patrick Henry
28 Johnny Watkins	9 Washburn
29 Nick Peterson	10 Rogers
30 Demarko Cook	10 Roosevelt
-- John Bratcher	12 Roosevelt
-- Chris Langley	11 Champlin Park

## Boys 800 Meter Run Class AA

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12 Advance: Top 3 Each Heat plus Next 3 Best Times

Meet Record: R 1:54.30 1985 Josh Bunker, Mpls South  
1:56.29 QUAL

Name	Year School	Prelims
1 Emmu Wakai	8 Armstrong	2:01.19Q
2 Andy Hawkinson	11 Osseo	2:01.62Q
3 Dustyn Hessie	12 Mpls South	2:02.48Q
4 Bryce Ratliff	11 Patrick Henry	2:02.06Q
5 Chris Marshall	12 Armstrong	2:02.57Q
6 Joshua Wiseman	10 Champlin Park	2:02.87Q
7 Charlie Lapham	10 Armstrong	2:02.69Q
8 Ken Gilkerson	12 Park Center	2:03.71Q
9 Michael Jaeger	12 Benilde-St.	2:03.74Q
10 Mohamed Njai	11 Park Center	2:02.88q
11 Max Robinson	10 Osseo	2:04.57q
12 Abbas Noor	9 Cooper	2:04.59q
13 Mark Miller	11 Benilde-St.	2:06.42
14 Robel Kebede	9 Mpls South	2:06.55
15 Mark Rustad	11 Benilde-St.	2:06.97
16 Grant Dornfeld	11 Maple Grove	2:08.17
17 Brett DeVries	12 Maple Grove	2:09.21
18 Brad Repinski	11 Cooper	2:09.35
19 Joe Demetris	11 Mpls South	2:11.18
20 Christian DeLaRiva	12 Fridley	2:11.80
21 Adam Johnson	11 Champlin Park	2:11.88
22 Peter Straight	11 Cooper	2:12.64
23 Jeremy Nelson	9 Rogers	2:13.58
24 Jake Ostwald	10 Fridley	2:15.16
25 Brian Schoenrock	10 Osseo	2:16.22
26 Ryan Wold	9 Park Center	2:18.37
27 Joe Murphy	12 Maple Grove	2:19.51
28 Luke Stewart	10 Washburn	2:21.19
29 Josh Wittner	9 Edison	2:21.71
30 Bryant Frie	11 Rogers	2:24.37
31 Charlie Fink	12 Edison	2:25.78
32 McKinley Johnson	9 Washburn	2:29.65
33 Thung Hoang	9 Washburn	2:30.01
34 Tyler Johnson	9 Rogers	2:37.63

## Boys 800 Meter Run Class AA

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Meet Record: R 1:54.30 1985 Josh Bunker, Mpls South  
1:56.29 QUAL

Name	Year School	Finals	Points
Finals			
1 Dustyn Hessie	12 Mpls South	1:58.21	10
2 Mohamed Njai	11 Park Center	1:58.32	8
3 Michael Jaeger	12 Benilde-St.	2:00.78	6
4 Andy Hawkinson	11 Osseo	2:03.27	5
5 Joshua Wiseman	10 Champlin Park	2:05.95	4
6 Max Robinson	10 Osseo	2:06.28	3
7 Bryce Ratliff	11 Patrick Henry	2:07.09	2
8 Emmu Wakai	8 Armstrong	2:07.42	1

9 Abbas Noor	9 Cooper	2:07.51
10 Charlie Lapham	10 Armstrong	2:08.06
11 Chris Marshall	12 Armstrong	2:08.83

## Preliminaries

8 Ken Gilkerson	12 Park Center
13 Mark Miller	11 Benilde-St.
14 Robel Kebede	9 Mpls South
15 Mark Rustad	11 Benilde-St.
16 Grant Dornfeld	11 Maple Grove
17 Brett DeVries	12 Maple Grove
18 Brad Repinski	11 Cooper
19 Joe Demetris	11 Mpls South
20 Christian DeLaRiva	12 Fridley
21 Adam Johnson	11 Champlin Park
22 Peter Straight	11 Cooper
23 Jeremy Nelson	9 Rogers
24 Jake Ostwald	10 Fridley
25 Brian Schoenrock	10 Osseo
26 Ryan Wold	9 Park Center
27 Joe Murphy	12 Maple Grove
28 Luke Stewart	10 Washburn
29 Josh Wittner	9 Edison
30 Bryant Frie	11 Rogers
31 Charlie Fink	12 Edison
32 McKinley Johnson	9 Washburn
33 Thung Hoang	9 Washburn
34 Tyler Johnson	9 Rogers

## Boys 1600 Meter Run Class AA

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Meet Record: R 4:08.35 2000		Nick Schneider, Benilde - St. Margaret	
4:18.76 QUAL			
Name	Year School	Finals	Points
=====			
1 Hassan Mead	11 Mpls South	4:26.12	10
2 Matthew Carney	12 Benilde-St.	4:29.66	8
3 Andrew Quinn	11 Benilde-St.	4:30.27	6
4 Robel Kebede	9 Mpls South	4:33.26	5
5 Pieter Gagnon	10 Washburn	4:34.22	4
6 Brent Haglund	12 Fridley	4:38.57	3
7 Bryce Ratliff	11 Patrick Henry	4:40.73	2
8 Grant Dornfeld	11 Maple Grove	4:45.22	1
9 Joe Vasseur	10 Rogers	4:46.35	
10 Michael Clifford	12 Benilde-St.	4:49.08	
11 Adam DePaolis	9 Armstrong	4:49.52	
12 Nico Nonnemaucher	12 Cooper	4:49.55	
13 Robert Kostick	9 Fridley	4:49.75	
14 Harry Richards	12 Mpls South	4:50.51	
15 Leland Abide	11 Cooper	4:51.66	
16 Jason Unold	8 Osseo	4:51.96	
17 Paul Rasmussen	10 Maple Grove	4:52.17	
18 Andy Wentzel	9 Rogers	4:53.85	
19 Jerett Knoblock	11 Cooper	4:54.49	
20 Mohamed Ali	10 Washburn	4:54.58	
21 Brynne Lindquist	12 Fridley	4:55.96	
22 Joey Merrill	12 Armstrong	4:56.17	
23 Nate Carey	12 Champlin Park	4:58.28	
24 Jared Freeberg	12 Osseo	4:59.75	
25 Mark Vanderharr	12 Park Center	5:00.45	
26 Matt Baarson	11 Champlin Park	5:02.02	
27 Jovon Myles	10 Edison	5:02.66	
28 Anthony Aesliman	8 Rogers	5:05.47	
29 Kyle Janda	10 Armstrong	5:06.61	
30 Michael Williams	11 Maple Grove	5:10.44	
31 Adam Hockert	10 Park Center	5:11.79	

32 Michael McNelly	8 Champlin Park	5:15.31
33 Mohamed Hassan	10 Roosevelt	5:15.37
34 Jordan Carter	12 Washburn	5:33.96
35 Leonard Gorecki	10 Edison	5:41.70

## Boys 3200 Meter Run Class AA

=====  
 Meet Record: R 9:01.00 2000 Nick Schneider, Benilde - St. Margaret  
 9:26.82 QUAL

Name	Year School	Finals	Points
1 Hassan Mead	11 Mpls South	9:28.15	10
2 Mattew Carney	12 Benilde-St.	9:39.03	8
3 Andrew Quinn	11 Benilde-St.	9:43.16	6
4 Brent Haglund	12 Fridley	9:56.66	5
5 Pieter Gagnon	10 Washburn	10:00.60	4
6 Josh Letofsky	11 Osseo	10:10.38	3
7 Harry Richards	12 Mpls South	10:12.61	2
8 Adam DePaolis	9 Armstrong	10:20.17	1
9 Jamal Aden	12 Mpls South	10:21.00	
10 Kaleb Johnson	12 Armstrong	10:27.90	
11 Aaron Gorman	11 Park Center	10:29.26	
12 Dylan Cahill	12 Park Center	10:30.14	
13 Robert Kostick	9 Fridley	10:36.29	
14 Nate Carey	12 Champlin Park	10:38.41	
15 Andy Wentzel	9 Rogers	10:39.44	
16 Paul Rasmussen	10 Maple Grove	10:39.52	
17 Patrick Brown	11 Benilde-St.	10:40.00	
18 Leland Abide	11 Cooper	10:43.25	
19 Mohamed Ali	10 Washburn	10:49.77	
20 Kevin Kallas	12 Park Center	10:52.38	
21 Jerett Knoblock	11 Cooper	10:58.10	
22 Anthony Aesliman	8 Rogers	11:00.54	
23 Kevin Andreson	10 Cooper	11:03.65	
24 Jake Gifford	10 Osseo	11:08.90	
25 Joel Rasmussen	9 Maple Grove	11:20.47	
26 Brynne Lindquist	12 Fridley	11:20.83	
27 Aliyi Chikaki	12 Champlin Park	11:33.71	
28 Daniel Nelson	10 Champlin Park	11:37.82	
29 Mohamed Hassan	10 Roosevelt	11:38.74	
30 William Roberson	10 Edison	11:49.06	
31 Luke Iverson	8 Maple Grove	11:50.19	
32 Jon Bianchi	9 Rogers	11:50.89	
33 Matt Entinger	11 Osseo	12:02.30	
34 Jordan Carter	12 Washburn	12:14.63	

## Boys 110 Meter Hurdles Class AA

=====  
 8 Advance: Top 1 Each Heat plus Next 4 Best Times  
 Meet Record: R 14.50 1977 Kary Bowser, Mpls Roosevelt  
 15.15 QUAL

Name	Year School	Prelims	H#
Preliminaries			
1 Dan Koenig	12 Armstrong	15.29Q	4
2 Kevin Losleben	12 Champlin Park	15.49Q	1
3 Pearlson Omesa	12 Cooper	15.56Q	2
4 Chris Duncan	12 Benilde-St.	15.82Q	3
5 Cardell Boganey	12 Champlin Park	16.14q	3
6 Jeremy Davis	11 Champlin Park	16.22q	4
7 Clayton Thomas	12 Rogers	16.25q	4
8 Anthony Satchell	11 Park Center	16.35q	1
9 Quentin Lawrence	12 Roosevelt	16.56	2
10 Jim Froehle	11 Armstrong	16.62	1
11 Munier Al-Hameed	11 Washburn	16.65	4

12 Alex Johnson	9 Fridley	16.73	3
13 Jim Alspholm	12 Mpls South	17.03	4
13 Jack Christopherson	11 Osseo	17.03	1
15 DeAndre Dennis	11 Washburn	17.17	2
16 Jesse Duerksen	11 Armstrong	17.51	3
17 Josh Grubbs	12 Cooper	17.79	4
18 Troy Jones	11 Park Center	17.82	3
19 Louis Martin	12 Osseo	17.99	2
20 Erik Rekstad	11 Osseo	18.06	2
21 Erik Gelle	9 Rogers	18.11	1
22 Patrick Conry	10 Benilde-St.	18.13	3
23 Joey Johnson	9 Washburn	18.60	1
24 J.D. Riesner	11 Cooper	18.63	2
25 Bryan Hartney	10 Maple Grove	18.86	4
26 Matthew Moxness	12 Maple Grove	18.97	4
27 Jon Heggstad	11 Fridley	19.32	2
28 Colin Stanley	12 Mpls South	19.35	2
29 Ben Wilson	10 Mpls South	19.63	1
30 Sean Elmer	9 Maple Grove	20.02	3

## Boys 110 Meter Hurdles Class AA

=====  
 Meet Record: R 14.50 1977 Kary Bowser, Mpls Roosevelt  
 15.15 QUAL

Name	Year School	Finals	Points
=====			
Finals			
1 Kevin Losleben	12 Champlin Park	14.89 QUAL	10
2 Dan Koenig	12 Armstrong	14.90 QUAL	8
3 Pearlson Omesa	12 Cooper	15.30	6
4 Chris Duncan	12 Benilde-St.	15.45	5
5 Jeremy Davis	11 Champlin Park	15.84	4
6 Anthony Satchell	11 Park Center	15.97	3
7 Clayton Thomas	12 Rogers	15.99	2
-- Cardell Boganey	12 Champlin Park	DQ.00	

## Preliminaries

9 Quentin Lawrence	12 Roosevelt
10 Jim Froehle	11 Armstrong
11 Munier Al-Hameed	11 Washburn
12 Alex Johnson	9 Fridley
13 Jim Alspholm	12 Mpls South
13 Jack Christopherso	11 Osseo
15 DeAndre Dennis	11 Washburn
16 Jesse Duerksen	11 Armstrong
17 Josh Grubbs	12 Cooper
18 Troy Jones	11 Park Center
19 Louis Martin	12 Osseo
20 Erik Rekstad	11 Osseo
21 Erik Gelle	9 Rogers
22 Patrick Conry	10 Benilde-St.
23 Joey Johnson	9 Washburn
24 J.D. Riesner	11 Cooper
25 Bryan Hartney	10 Maple Grove
26 Matthew Moxness	12 Maple Grove
27 Jon Heggstad	11 Fridley
28 Colin Stanley	12 Mpls South
29 Ben Wilson	10 Mpls South
30 Sean Elmer	9 Maple Grove

## Boys 300 Meter Hurdles Class AA

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 8 Advance: Top 1 Each Heat plus Next 3 Best Times

Meet Record: R 38.43 1987 Dan Bannister, Mpls North  
 39.56 QUAL

Name	Year School	Prelims	H#
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1	Anthony Adams	12	Roosevelt	41.26Q	5
2	Marshall Dewerd	12	Rogers	41.39Q	4
3	Dan Koenig	12	Armstrong	41.41Q	1
4	Pearlson Omesa	12	Cooper	41.51Q	2
5	Chris Duncan	12	Benilde-St.	41.53Q	3
6	Kevin Losleben	12	Champlin Park	41.47q	5
7	Jim Alspholm	12	Mpls South	42.07q	2
8	Kalo Washington	9	Cooper	42.65q	2
9	Jeremy Davis	11	Champlin Park	42.67	4
10	J.D. Riesner	11	Cooper	42.75	1
11	Munier Al-Hameed	11	Washburn	43.39	1
12	Tyler Carroll	12	Champlin Park	43.49	5
13	Jim Froehle	11	Armstrong	43.64	3
14	Alex Johnson	9	Fridley	44.00	5
15	Grant Hahn	10	Maple Grove	44.18	3
16	Clayton Thomas	12	Rogers	44.19	3
17	Erik Rootes	11	Maple Grove	44.23	2
18	Louis Martin	12	Osseo	44.42	4
19	Dan Janda	11	Armstrong	44.43	2
20	Chris Mottaz	11	Maple Grove	44.53	2
21	Patrick Conry	10	Benilde-St.	44.97	1
22	Troy Jones	11	Park Center	45.31	4
23	Leandro Dower	9	Mpls North	45.51	5
24	Quentin Lawrence	12	Roosevelt	45.79	3
25	Erik Gelle	9	Rogers	45.81	1
26	Dan Bornetun	12	Columbia Hei	47.06	1
27	Joey Johnson	9	Washburn	47.10	2
28	Aaron Rodriguez	10	Osseo	47.18	5
29	Maurice Meaway	11	Osseo	47.94	4
30	Ben Wilson	10	Mpls South	47.97	5
31	Colin Stanley	12	Mpls South	49.31	4
32	Jon Heggstad	11	Fridley	49.35	3
33	Andy Macko	10	Columbia Hei	50.52	3

## Boys 300 Meter Hurdles Class AA

Meet Record: R 38.43 1987 Dan Bannister, Mpls North  
 39.56 QUAL

Name	Year School	Finals	Points
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## Finals

1	Dan Koenig	12	Armstrong	39.17 QUAL	10
2	Chris Duncan	12	Benilde-St.	39.95	8
3	Marshall Dewerd	12	Rogers	40.71	6
4	Anthony Adams	12	Roosevelt	41.19	5
5	Pearlson Omesa	12	Cooper	41.36	4
6	Kevin Losleben	12	Champlin Park	41.96	3
7	Jim Alspholm	12	Mpls South	42.06	2
8	Kalo Washington	9	Cooper	42.78	1

## Preliminaries

9	Jeremy Davis	11	Champlin Park
10	J.D. Riesner	11	Cooper
11	Munier Al-Hameed	11	Washburn
12	Tyler Carroll	12	Champlin Park
13	Jim Froehle	11	Armstrong
14	Alex Johnson	9	Fridley
15	Grant Hahn	10	Maple Grove
16	Clayton Thomas	12	Rogers
17	Erik Rootes	11	Maple Grove
18	Louis Martin	12	Osseo
19	Dan Janda	11	Armstrong
20	Chris Mottaz	11	Maple Grove
21	Patrick Conry	10	Benilde-St.
22	Troy Jones	11	Park Center

23 Leandro Dower	9 Mpls North
24 Quentin Lawrence	12 Roosevelt
25 Erik Gelle	9 Rogers
26 Dan Bornetun	12 Columbia Hei
27 Joey Johnson	9 Washburn
28 Aaron Rodriguez	10 Osseo
29 Maurice Meaway	11 Osseo
30 Ben Wilson	10 Mpls South
31 Colin Stanley	12 Mpls South
32 Jon Heggstad	11 Fridley
33 Andy Macko	10 Columbia Hei

Boys 4x100 Meter Relay Class AA

8 Advance: Top 3 Each Heat plus Next 2 Best Times  
 Meet Record: R 42.46 2005 Park Center  
 43.39 QUAL

School	Prelims	H#
1 Robbinsdale Armstrong 'A'	42.74QUAL	1
2 Champlin Park 'A'	43.86Q	2
3 Mpls Washburn 'A'	43.51Q	1
4 Mpls Roosevelt 'A'	44.57Q	2
5 Fridley 'A'	43.94Q	1
6 Robbinsdale Cooper 'A'	44.82Q	2
7 Osseo 'A'	45.95q	1
8 Columbia Heights 'A'	46.47q	2
9 Maple Grove 'A'	46.91	1
10 Park Center 'A'	47.84	2
11 Benilde-St. Margaret's 'A'	47.85	2
12 Rogers 'A'	51.88	1
-- Mpls South 'A'	DQ.00	1

Boys 4x100 Meter Relay Class AA

Meet Record: R 42.46 2005 Park Center  
 43.39 QUAL

School	Finals	Points
1 Robbinsdale Armstrong 'A'	42.81 QUAL	10
1) Kyle Henderson 11	2) Dominique Hawkins 11	
3) Ben Sheely 11	4) Jason Carlson 12	
2 Champlin Park 'A'	43.39 QUAL	8
1) Kama Johnson 12	2) Aaron Ling 12	
3) Adam Holt 11	4) Kendrick Lewis 11	
3 Fridley 'A'	43.55	6
4 Mpls Washburn 'A'	43.66	5
5 Mpls Roosevelt 'A'	43.88	4
6 Robbinsdale Cooper 'A'	44.43	3
7 Columbia Heights 'A'	45.44	2
8 Osseo 'A'	45.91	1

Preliminaries

9 Maple Grove 'A'
10 Park Center 'A'
11 Benilde-St. Margaret's 'A'
12 Rogers 'A'
-- Mpls South 'A'

Boys 4x200 Meter Relay Class AA

8 Advance: Top 3 Each Heat plus Next 2 Best Times  
 Meet Record: R 1:28.98 2002 St. Louis Park  
 1:30.00 QUAL

School	Prelims	H#
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1	Robbinsdale Armstrong 'A'	R 1:28.91	QUAL	1
2	Robbinsdale Cooper 'A'	1:29.70	QUAL	2
3	Mpls Washburn 'A'	1:31.30	Q	2
4	Fridley 'A'	1:31.64	Q	1
5	Mpls Patrick Henry 'A'	1:34.04	Q	1
6	Park Center 'A'	1:35.35	Q	2
7	Osseo 'A'	1:34.80	q	1
8	Champlin Park 'A'	1:35.30	q	1
9	Maple Grove 'A'	1:37.46		2
10	Columbia Heights 'A'	1:38.05		1
11	Benilde-St. Margaret's 'A'	1:38.83		2
12	Mpls South 'A'	1:41.60		2
13	Rogers 'A'	1:47.07		2
--	Mpls Roosevelt 'A'	DQ.00	QUAL	1

## Boys 4x200 Meter Relay Class AA

Meet Record: R 1:28.98 2002 St. Louis Park  
1:30.00 QUAL

School	Finals	Points
Finals		
1 Robbinsdale Armstrong 'A'	1:28.36	QUAL 10
1) Adrian Hawkins	2) Domonique Gilmer 12	
3) Kyle Henderson 11	4) Jason Carlson 12	
2 Robbinsdale Cooper 'A'	1:28.90	QUAL 8
1) Leon Cheneyon 10	2) Jonathan Roberts 9	
3) Mike Stanko 12	4) Tyler Bucholz 12	
3 Mpls Washburn 'A'	1:30.42	6
4 Fridley 'A'	1:31.73	5
5 Park Center 'A'	1:33.74	4
6 Osseo 'A'	1:33.95	3
7 Champlin Park 'A'	1:36.34	2
-- Mpls Patrick Henry 'A'	DQ.00	QUAL

## Preliminaries

9 Maple Grove 'A'  
10 Columbia Heights 'A'  
11 Benilde-St. Margaret's 'A'  
12 Mpls South 'A'  
13 Rogers 'A'  
-- Mpls Roosevelt 'A'

## Boys 4x400 Meter Relay Class AA

Meet Record: R 3:24.97 1998 Park Center  
3:24.78 QUAL

School	Finals	H#	Points
Finals			
1 Robbinsdale Cooper 'A'	3:21.19	2	10
1) Kalo Washington 9	2) Leon Cheneyon 10		
3) Rashad McDonald 11	4) Tyler Bucholz 12		
2 Robbinsdale Armstrong 'A'	3:22.75	2	8
1) Adrian Hawkins	2) Kyle Henderson 11		
3) Domonique Gilmer 12	4) Brandon Lewis 11		
3 Champlin Park 'A'	3:24.76	2	6
1) Aaron Ling 12	2) Tyler Nuquay 11		
3) Aaron Gigler 9	4) Joshua Wiseman 10		
4 Park Center 'A'	3:29.83	2	5
5 Benilde-St. Margaret's 'A'	3:33.03	2	4
6 Maple Grove 'A'	3:33.80	2	3
7 Fridley 'A'	3:34.78	1	2
8 Osseo 'A'	3:35.08	1	1
9 Mpls South 'A'	3:35.47	2	
10 Rogers 'A'	3:42.88	1	

11 Mpls Washburn 'A'	3:54.04	2
12 Mpls Roosevelt 'A'	4:20.70	1

## Boys 4x800 Meter Relay Class AA

Meet Record: R 8:05.05 2000 Mpls South			
7:59.66 QUAL			
School		Finals	Points
1 Robbinsdale Armstrong 'A'		7:59.68R	10
1) Charlie Lapham 10		2) Chris Marshall 12	
3) Emmu Wakai 8		4) Brandon Lewis 11	
2 Park Center 'A'		8:08.47	8
3 Robbinsdale Cooper 'A'		8:30.82	6
4 Benilde-St. Margaret's 'A'		8:33.96	5
5 Osseo 'A'		8:35.15	4
6 Champlin Park 'A'		8:59.94	3
7 Maple Grove 'A'		9:06.35	2
8 Fridley 'A'		9:09.53	1
9 Mpls South 'A'		9:13.14	
10 Mpls Washburn 'A'		9:36.92	
11 Mpls Edison 'A'		9:37.55	

## Boys High Jump Class AA

Meet Record: R 6-10.50 1995 Marcus Westberry, Mpls Washburn			
6-05.00 QUAL			
Name	Year School	Finals	Points
1 Julian Morris	12 Osseo	6-06.00 QUAL	10
2 Mychal Crowder	12 Washburn	6-02.00	8
3 Jerdale Grace	12 Fridley	6-01.00	6
4 Yemi Adeyemi	11 Champlin Park	6-00.00	5
5 Blake Welle	12 Maple Grove	J6-00.00	4
6 Jovon Myles	10 Edison	5-10.00	3
7 Eric Ellestad	12 Armstrong	J5-10.00	1.5
7 R.K. Glover	12 Benilde-St.	J5-10.00	1.5
9 David Fullenwiller	11 Park Center	5-08.00	
9 Marc Clune	12 Armstrong	5-08.00	
9 Jordan Shoulders	10 Fridley	5-08.00	
9 Troy Jones	11 Park Center	5-08.00	
9 Charles McCree	10 Park Center	5-08.00	
-- Randy Khieu	9 Champlin Park	NH	
-- Zerrick Fuller	9 Champlin Park	NH	
-- Jack Langree	9 Mpls South	NH	
-- Jordan Harper	10 Washburn	NH	
-- Joe Demetris	11 Mpls South	NH	
-- Malcolm Brown	9 Cooper	NH	
-- Stephen Pipp	9 Cooper	NH	
-- Roli Teeko-Foli	11 Osseo	NH	

## Boys Pole Vault Class AA

Meet Record: R 14-09 2005 Ross Werner, Mpls Roosevelt			
13-10.00 QUAL			
Name	Year School	Finals	Points
1 Brandon Johnson	12 Armstrong	14-10.00RQUAL	10
2 Ross Werner	12 Armstrong	14-04.00 QUAL	8
3 Andrew Norman	11 Maple Grove	13-04.00	6
4 Darren Rodgres	12 Benilde-St.	12-10.00	5
5 Patrick Barlow	12 Maple Grove	12-04.00	4
6 Alex Vosberg	10 Park Center	11-10.00	3
7 Blake Weimerskirch	9 Armstrong	J11-10.00	2
8 Ricky Traut	12 Maple Grove	J11-10.00	1

9 Alex Mueller	10 Cooper	J11-10.00
10 Andy Gerst	11 Osseo	11-04.00
11 Sean McCormick	12 Benilde-St.	J11-04.00
11 Kyle Gustafson	11 Fridley	J11-04.00
13 Noah Craft	11 Fridley	10-10.00
14 Alex Fish	12 Champlin Park	10-04.00
15 Kyle Reins	12 Osseo	J10-04.00
-- Alex Scharber	10 Park Center	NH
-- Ted Hagmann	11 Fridley	NH
-- Garrett Schoeben	11 Champlin Park	NH
-- David Jaeger	12 Champlin Park	NH
-- Kyle Hayes	11 Cooper	NH
-- Casey Hall	10 Osseo	NH
-- Ryan Bogart	11 Rogers	NH
-- James Laliberte	11 Cooper	NH

## Boys Long Jump Class AA

=====  
 Meet Record: R 23-00 1985 Jason Crocker, Minnehaha Academy  
 22-00.00 QUAL

Name	Year School	Finals	Points
1 Dominique Hawkins	11 Armstrong	21-11.25	10
2 Julian Morris	12 Osseo	21-00.50	8
3 Max McQuirter	11 Mpls South	20-11.25	6
4 R.K Glover	12 Benilde-St.	20-11.00	5
5 Eric Ellestad	12 Armstrong	20-07.50	4
6 Charles McCree	10 Park Center	20-07.25	3
7 Tyler Bucholz	12 Cooper	20-07.00	2
8 Pearlson Omesa	12 Cooper	20-03.25	1
9 Anthony Adams	12 Roosevelt	20-02.00	
10 Mychal Crowder	12 Washburn	19-07.50	
11 Jerdale Grace	12 Fridley	19-05.50	
11 Blake Welle	12 Maple Grove	19-05.50	
13 Hamada Omar	12 Washburn	19-04.75	
14 Tommy Purnell	11 Benilde-St.	19-02.50	
15 Jerrell Tate	12 Roosevelt	19-01.25	
16 Clayton Thomas	12 Rogers	18-07.50	
17 Tyler Johnson	11 Osseo	18-04.75	
18 Jason Sather	12 Armstrong	18-03.50	
19 Jhemayne Bundy	11 Park Center	17-08.75	
20 Troy Jones	11 Park Center	17-07.75	
21 Mike Stanko	12 Cooper	17-05.50	
21 Jesse Okoi	10 Fridley	17-05.50	
23 Tony Catchings	10 Washburn	17-05.00	
24 Jack Langree	9 Mpls South	17-01.50	
25 Matt Boelke	11 Champlin Park	16-11.75	
26 Roli Teeko-Foli	11 Osseo	16-11.00	
27 Nate Notermann	10 Mpls South	16-08.50	

## Boys Triple Jump Class AA

=====  
 Meet Record: R 46-08 1995 Marcus Westberry, Mpls Washburn  
 44-03.00 QUAL

Name	Year School	Finals	Points
1 Jerdale Grace	12 Fridley	41-08.50	10
2 Emmu Wakai	8 Armstrong	41-05.00	8
3 Jason Sather	12 Armstrong	41-03.25	6
4 Jhemayne Bundy	11 Park Center	40-07.25	5
5 John Bratcher	12 Roosevelt	40-01.50	4
6 Eric Ellestad	12 Armstrong	40-00.00	3
7 Jack Christopherso	11 Osseo	39-06.00	2
8 Blake Welle	12 Maple Grove	39-01.25	1
9 Jesse Okoi	10 Fridley	38-09.50	

10	Mohammed Camara	12	Fridley	38-07.00
11	CJ Flowers	10	Osseo	38-05.00
12	Yuri Maksimovich	12	Edison	38-03.00
13	Ben Hallman	10	Osseo	38-01.75
14	Sean Thurston	12	Patrick Henry	37-10.00
15	Alex Scharber	10	Park Center	37-09.75
16	J.D. Riesner	11	Cooper	37-05.00
17	James Barsness	10	Cooper	37-00.50
18	Jim Alspholm	12	Mpls South	37-00.25
19	DeAndre Dennis	11	Washburn	36-06.50
20	Jason Ferber	10	Benilde-St.	35-10.75
21	Chris Langley	11	Champlin Park	35-10.00
22	C.J. Pierre	11	Cooper	35-06.75
23	Alex Nelson	9	Mpls South	35-06.25
24	Erik Gelle	9	Rogers	35-06.00
25	Matt Boelke	11	Champlin Park	35-04.50
26	Jack Langree	9	Mpls South	34-04.75
27	King Zelee	12	Edison	34-03.25
28	Kendrick Hall	10	Roosevelt	33-10.50
29	Daudi Long	9	Mpls North	33-10.00
30	Alex Fish	12	Champlin Park	30-00.00
--	Michael Shepard		Washburn	ND
--	Cris Crumpton	12	Park Center	ND

## Boys Shot Put Class AA

=====  
 Meet Record: R 58-11 1978 Tim Biegert, Osseo  
 54-03.00 QUAL

Name	Year	School	Finals	Points	
1	Kevin Iriho	12	Armstrong	48-01.25	10
2	Brian Jacobson	12	Fridley	48-00.00	8
3	Josh Groll	12	Armstrong	46-11.75	6
4	Trent Grupa	11	Rogers	46-09.75	5
5	Kyle Gilbert	11	Armstrong	45-10.75	4
6	Erik Rekstad	11	Osseo	45-07.50	3
7	Anthony Milostan	10	Champlin Park	43-07.75	2
8	Tremaine Roundtree	12	Patrick Henry	41-10.75	1
9	Chris Hardy	12	Patrick Henry	41-00.25	
10	Micah Steward	11	Washburn	40-09.75	
11	Andrew Fick	10	Fridley	40-07.25	
12	Andrew Kersten	11	Washburn	40-05.25	
13	Jeremy Berg	12	Maple Grove	40-03.00	
14	Tim Awoyinka	11	Park Center	40-00.00	
15	Tom Jenkins	11	Cooper	39-10.25	
16	Andrew Knuth	12	Champlin Park	39-06.75	
17	Adam Viehauser	10	Washburn	39-02.75	
18	Corey Jackson	11	Maple Grove	38-09.50	
19	Keenan Jones	11	Patrick Henry	38-09.00	
20	Chris Martinez	11	Champlin Park	38-08.25	
21	James Doe	11	Park Center	37-11.50	
22	Mattew Karels	11	Benilde-St.	37-08.00	
23	Travis Heidleberg	11	Park Center	37-07.50	
24	Jake Jorgensen	11	Rogers	37-07.25	
24	Peter Ikier	10	Fridley	37-07.25	
26	Nick Hoffman	11	Maple Grove	37-03.00	
27	John Grupa	10	Benilde-St.	36-08.75	
28	Jamie Rybak	11	Cooper	36-06.00	
29	Zach Smith	11	Osseo	35-11.75	
30	Chris Irving	11	Mpls South	35-00.75	
31	Dan Hedburg	11	Rogers	34-07.00	
32	Caleb Johnson	10	Mpls South	32-11.50	
33	Lawson Starr	11	Osseo	31-08.25	
34	Jamal Haidari	10	Columbia Hei	31-05.50	
35	Kyle Kordus	11	Edison	30-04.50	

36 Joe Lind	11 Columbia Hei	30-00.75
37 Daudi Long	9 Mpls North	29-02.00
38 John Bratcher	12 Roosevelt	28-10.75
39 Shaka Farr	11 Edison	27-05.50
40 Joe Susag	10 Roosevelt	21-10.75

## Boys Discus Throw Class AA

=====  
 Meet Record: R 173-10 1979 Greg Bartlett, Park Center  
 157-01 QUAL

Name	Year School	Finals	Points
1 Kyle Gilbert	11 Armstrong	145-00.00	10
2 Trent Grupa	11 Rogers	141-09.00	8
3 Eric Olson	12 Park Center	134-10.00	6
4 Jamie Rybak	11 Cooper	133-08.00	5
5 Kevin Iriho	12 Armstrong	131-06.00	4
6 Micah Steward	11 Washburn	131-02.00	3
7 Lance Schuvieller	10 Park Center	127-01.00	2
8 Matthew Thimjon	12 Benilde-St.	124-08.00	1
9 Corey Jackson	11 Maple Grove	124-00.00	
10 Brian Jacobson	12 Fridley	118-11.00	
11 Kyle Kosloske	11 Armstrong	118-03.00	
12 Kyle Dingman	10 Champlin Park	117-10.00	
13 Jake Jorgensen	11 Rogers	117-09.00	
14 Erik Rekstad	11 Osseo	114-10.00	
15 Blake Elson	10 Maple Grove	114-09.00	
16 Chase Ulrick	10 Champlin Park	112-01.00	
17 Chris Martinez	11 Champlin Park	111-03.00	
18 Sunny Reum	12 Fridley	110-10.00	
19 Matthew Moxness	12 Maple Grove	110-00.00	
20 Neil Starks	11 Patrick Henry	108-01.00	
21 Brandon Smith	10 Osseo	106-05.00	
22 Tom Jenkins	11 Cooper	105-10.00	
23 Seth Ayala	Washburn	103-00.00	
24 Tremaine Roundtree	12 Patrick Henry	102-09.00	
25 Chris Irving	11 Mpls South	101-04.00	
26 Mike Acker	12 Fridley	100-04.00	
27 Chris Hardy	12 Patrick Henry	100-00.00	
28 Johann Stiepani	10 Benilde-St.	92-04.00	
29 Daudi Long	9 Mpls North	89-03.00	
30 Caleb Johnson	10 Mpls South	89-02.00	
31 Joe Lind	11 Columbia Hei	88-08.00	
32 Adam Ahrens	9 Rogers	88-07.00	
33 Jamal Haidari	10 Columbia Hei	85-04.00	
34 John Bratcher	12 Roosevelt	70-08.00	
35 Shaka Farr	11 Edison	63-01.00	
36 Kyle Kordus	11 Edison	60-09.00	
-- Adam Viehauser	10 Washburn	ND	
-- Kyle Fearing	12 Osseo	ND	

## Men - Class AA - Team Rankings - 18 Events Scored

1) Robbinsdale Armstrong	154.50	2) Robbinsdale Cooper	79
3) Benilde-St. Margaret's	73.50	4) Fridley	57
5) Champlin Park	56	6) Park Center	54
7) Mpls Washburn	50	8) Osseo	49
9) Mpls South	45	10) Mpls Roosevelt	23
11) Maple Grove	22	12) Rogers	21
13) Mpls Patrick Henry	8	14) MPLS Edison	3
14) Mpls North	3	16) Columbia Heights	2